



Leisureworld Disability Inclusion Policy

The mission of LeisureWorld is to value the abilities and individuality of people with disabilities by providing opportunities for them to reach their full potential within an inclusive culture. At LeisureWorld, we will achieve disability inclusion by:

- Continuously reviewing our approach, which involves members, staff, and management.
- Partnering with clubs, disability services, and consulting with people with disabilities and their families.

This ensures that our organisation is inclusive for everyone. We welcome all community members, regardless of their abilities, and strive to include people with disabilities in both playing and non-playing roles as fully as possible.

Our Commitments:

- **Legislation Compliance:** We are committed to complying with the Equal Status Acts 2000-2012, the Disability Act 2005, and Article 30.5 of the United Nations Convention on the Rights of Persons with Disabilities.
- **Sports Inclusion:** We fulfill the requirements of the Sports Ireland Policy on Participation in Sport by People with Disabilities and engage with the Sport Inclusion Disability Charter.
- **Accessibility:** We aim to make our environment, clubs, training, and facilities accessible to people with disabilities. We consider reasonable adjustments to achieve this goal effectively.

Facilities and Services:

- **Parking:** We have disability parking spaces directly outside LeisureWorld entrance.
- **Pool:** Our pool has steps leading into the shallow end or we have use of a hoist.
- **Changing Rooms:** Accessible changing rooms with showers and toilets are available. These are easily accessible from the pool changing area and provide direct access to the pool.
- **Staff Assistance:** Our trained staff, including lifeguards, are available to assist with entering and exiting the water.
- **Gym Access:** The gym is accessible via lifts. It features wide spaces and brightly colour contrasted equipment. Wheelchair-accessible equipment includes:
 - **Dual Adjustable Pulley:** For various strength training exercises.
 - **Ski Erg:** For cardio and strength work with adjustable resistance.
 - **Assault Bike:** Usable with arms only, legs only, or both for cardio.
 - **Free Weights:** Suitable for standing or sitting exercises.
 - **Upper arm Ergometer:** For cardio with removable seat for wheelchair access.



Our Goals:

By enhancing our capacity and capabilities, we strive to deliver inclusive programs, advocate for disability inclusion, and increase participation by people with disabilities in our sports and organisation.

Our Actions:

- **Inclusive Approach:** We will adopt an inclusive approach across all aspects of the organisation by consulting with our members.
- **Consultation:** We will listen to the voices of people with disabilities in all our deliberations and program development.
- **Partnerships:** We will work with other organisations and advocates for disability inclusion.
- **Governance:** We will promote good governance to ensure the participation of people with disabilities.
- **Recognition:** We will acknowledge and support the contributions, achievements, and successes of people with disabilities in our organisation.
- **Commitment:** We commit to adopting the Sport Inclusion Disability Charter.

We will review our Disability Inclusion Policy annually to meet the requirements of each individual and provide them with the opportunities they need to reach their full potential.