

# For your comfort & safety

Here are some things you can do to help us make sure LeisureWorld is as safe as possible for you, other customers, and our team:

## At all times:

- Please follow the [Health Service advice](#)
- Practice social distancing and hand hygiene
- Do not attend our facilities if you are sick or showing [any symptoms of Covid-19](#)

## Preparing for your visit:

- Download the LeisureWorld App to book your sessions - it's on the app store and on google play.
- Use contactless payments if possible.
- Arrive & leave in your gym gear as showers will be unavailable
- When entering and exiting the premises there are hand sanitiser stations provided
- Additional sanitising units will be available throughout the centre and should be used as needed
- Clean equipment before and after use with the disinfectant spray and paper towels provided
- Do not spit anywhere in the facility as this is a health and safety risk
- You should remain at least 2 meters away from all other individuals while working out and ensure not to congregate in groups
- Please follow the instructions of Team LeisureWorld at all times