



**A FUN & supportive way  
.... to your first 5K**

**€50 FEE INCLUDES:**

**8 WEEKS TRAINING  
& ENTRY TO CORK  
REBEL RUN**

## **LEISUREWORLD BISHOPSTOWN COUCH TO 5K PROGRAMME**

**VENUE: LEISUREWORLD  
BISHOPSTOWN**

**STARTING: TUES 21ST AUGUST**

**TIME: 7PM**

### **MORE INFORMATION:**

(021) 4347096  
charrington@corksports.ie  
www.rebelrun.ie

