

Admission Policy

* Children under 8 must have an Adult (over 18yrs) In the Pool
* Children 8yrs – 10yrs must have an Adult (over 18yrs) in the Building
* Babies & Toddlers must wear Appropriate Swim Wear & Swim Diaper
* All Adults & Children Must Avail of a Pre Swim Shower prior to entering Pool
* You must be 18 years or Over to Use the Sauna & Steam Room
* You must be 16 years or Over to attend an Aerobic Class
* You must be 18 years or over to Use the Gym
* Swim Hats are Compulsory
* If Any Child or Adult has suffered from Diarrhoea Or Vomiting They Must refrain from Using the Facility for 14 days after symptoms have stopped
* All Those wishing to Avail of the BEST Rate must have Photo ID and Appropriate Proof

The Management & Staff thank you for your Cooperation in the above.